



## Family Day Speaker Biographies

### **Dr. Thomas E. Brown**

Dr. Brown is a clinical psychologist who received his Ph.D. from Yale University and is Director of the Brown Clinics for Attention & Related Disorders in Hamden, CT and in Manhattan Beach, California. He specializes in assessment and treatment of high-IQ children, adolescents and adults with ADD/ADHD and related problems. After serving on the clinical faculty of the Yale Medical School for 20 years, Dr. Brown has resigned to accept an appointment as Adjunct Clinical Associate Professor of Psychiatry and Behavioral Sciences at the Keck School of Medicine of the University of Southern California. His most recent book is *Outside the Box: Rethinking ADD/ADHD in Children and Adults: A Practical Guide*. His website is [www.DrThomasEBrown.com](http://www.DrThomasEBrown.com).

### **Dr. Don Duncan**

Dr. Duncan is a Child and Adolescent Psychiatrist in Kelowna, BC where he serves as Clinical Director of the BC Interior ADHD Clinic. Dr. Duncan holds an appointment as Assistant Clinical Professor with the Department of Psychiatry, University of British Columbia and has been honoured by appointments to the Board of Examiners for Psychiatry (Royal College of Physicians and Surgeons of Canada), the Board of Directors for the Canadian Academy of Child and Adolescent Psychiatry (CACAP), and the Board of Directors for the Canadian ADD/ADHD Resource Alliance (CADDRA).

As a consultant to the Dalai Lama Center for the Advancement of Heart Mind Education he works to advance the interests of children's mental wellness. Dr. Duncan was the first physician certified by Dr. Ross Greene in the delivery of his novel approach to helping parents deal with problem behaviours through a collaborative, punishment-free process – Collaborative Problem Solving. ([www.livesinthebalance.org](http://www.livesinthebalance.org))

Much of his time is spent educating teachers, physicians, and the general public about child & youth mental illness and he has served as an expert consultant to the Ministry of Children and Family Development and to the Knowledge Network in the development of two separate educational documentaries on children's mental health. One of these documentaries, entitled 'Struggle for Control' was dedicated to the provision of information on ADHD and related problems. The film is now owned and distributed by the National Film Board.

Dr. Duncan's interest in ADHD comes from both personal and professional experience with the disorder. He has been diagnosed with ADHD himself and has children and siblings who have been diagnosed. He believes much of what he knows about the disorder has been learned by working with those who experience its significant impact on their lives

**Dr. J.J. Sandra Kooij, MD, PhD**

Psychiatrist at PsyQ, psycho-medical programs, Expertise Center Adult ADHD, The Hague, The Netherlands. Associate professor of Psychiatry, VU University Medical Center, Amsterdam  
Sandra Kooij is an adult psychiatrist who started in 1995 with research, and the development of diagnostic assessment and treatment of adult ADHD in the Netherlands. In 2006 she received her PhD on a thesis entitled 'ADHD in adults. Clinical studies on Assessment and Treatment'. She developed the Diagnostic Interview for ADHD in adults (DIVA 2.0) that is online available in 18 languages, and can be downloaded for free. She is initiator and chair of the European Network Adult ADHD that unites 66 members from 24 countries.

In 2014 she initiated international online crowdfunding for research on ADHD, based on patients preferences (ADHDFund) that has booked its first successes. Since 2002 she is head of the Dutch Expertise Center Adult ADHD, and involved in research, treating patients, educating professionals, informing the public, publishing books, articles, websites and a new ADHD app, Super Brains.

**Dr. Penny Corkum**

Dr. Corkum is a Registered Psychologist with a background in School and Child Clinical Psychology. She is a Professor in the Department of Psychology and Neuroscience at Dalhousie University and cross-appointed in Psychiatry and Pediatrics as well as being on Scientific Staff at IWK Health Centre. In addition to her academic appointments, she is a Psychologist and Director of the Colchester East Hants ADHD Clinic. She conducts clinical research in the areas of child mental health (particularly ADHD) and pediatric sleep. She is the Principal Investigator on a Canada-wide Teacher Help eHealth initiative funded by Canadian Institute of Health Research. Teacher Help is an online program that assists classroom teachers in providing evidence-based interventions to student in grades 1 to 12 with ADHD, Learning Disabilities and Autism Spectrum Disorder. In January 2017, she will be leading a national randomized controlled trial of this program. She has also developed and evaluated child and parent interventions for ADHD.

**Dr. Anthony Rostain**

Dr. Anthony L. Rostain, MD is a Professor of Psychiatry and Pediatrics at the University of Pennsylvania. He is currently the Director of Education for the Department of Psychiatry at the

University of Pennsylvania and oversees both medical student and resident education in psychiatry.

Dr. Rostain's clinical focus is "lifespan developmental neuropsychiatry" which includes patients of all ages with Attention-Deficit / Hyperactivity Disorder, Asperger's Syndrome and High Functioning Autism, Tourette Syndrome, Learning Disabilities (verbal and nonverbal) and related social learning disorders. He treats patients at The Children's Hospital of Philadelphia and the University Of Pennsylvania Department of Psychiatry. Dr. Rostain is the Director of the Adult Development Disorders Unit at the University of Pennsylvania which includes the Adult ADHD Treatment and Research Program and the Adult Social Learning Disorders Program. He is also Co-Director of The Children's Hospital of Philadelphia's Pediatric Neuropsychiatry Program. Dr. Rostain's research interests have focused on improving clinical outcomes for patients with neuropsychiatric disorders of all ages, and in creating effective service systems for these patients and their families. He recently completed a study of combined medication and cognitive-behavioral therapy (CBT) for adults with ADHD. He is currently involved in studies of differential therapeutic efficacy of medication and CBT, of neuropsychological functioning in ADHD patients (using behavioral measures and neuroimaging techniques), of developmental processes in young adults with ADHD, of predictors of treatment response, and of co-morbid conditions such as anxiety and substance abuse. He is also conducting research on clinical assessment and pharmacologic treatment of patients with Asperger's Syndrome, High Functioning Autism and other Social Learning Disorders.