



DID YOU KNOW THAT?

ADHD is the MOST under recognized, yet MOST treatable psychiatric disorder in Canada.

ADHD is a complex multifaceted disorder that often persists throughout the lifespan.

It impacts all demographics of society: age, gender and race; and almost all areas of a person's life.

ADHD FACTS

- Conservative Prevalence: 5% of children, 4% of adults
 - 1 – 3 children in every class
 - 4 adults out of every 100 people in a company
 - 1 Million Canadians are affected by this condition
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- ADHD is a disorder dealing with the biological structure and functioning of the nervous system that has been clinically documented for more than 100 years.
 - Major medical associations and government health agencies throughout the world recognize the overwhelming scientific evidence identifying the significant impact of this disorder.
 - ADHD is the most prevalent child psychiatric disorder in Canada.
 - Scientific studies have shown that ADHD is highly heritable
 - ADHD has no impact on a person's intelligence, and is not a Learning Disability, however, it can significantly impact learning in a variety of ways.
 - Treatment for ADHD should always be multifaceted. Medication is not a magic bullet that causes symptoms to disappear. However, it may be an effective part of the treatment plan, which should also include school and workplace accommodation, as well as education for the caregivers.
 - Current lack of knowledge, skills, and integrated services in health and education sectors pose major challenges for accessing an assessment and effective treatments.
 - Children with ADHD are frequently labelled "problem children" rather than "children with a medical problem".
 - Adults with ADHD are frequently falsely accused of not caring or trying hard enough.
 - This lack of understanding causes many children and adults with ADHD and their families to be misunderstood, stigmatized and traumatized.